



LIFE FITNESS

PHYSICAL THERAPY

www.lifefitnesspt.com

Patient's Name _____

Patient's Phone number _____

Diagnosis _____

Instructions/Precautions _____

Recommended Frequency: _____ times per week for _____ weeks.

EVALUATE & TREAT

CONTINUE THERAPY

PROGRAMS

BACK PROGRAM

CERVICAL PROGRAM

OTHER DISORDERS

Cervical HNP

Cervical DDD

Cervical Stenosis

Cervicalgia

Cervical Radiculopathy

Cervicobrachial Syndrome

Thoracic HNP

OTHER _____

Thoracic DDD

Thoracic Stenosis

Thoracic Pain

Lumbar HNP

Lumbar DDD

Lumbar Stenosis

Lumbar Radiculopathy

Lumbago/

Low Back Pain

Sciatica

Muscular wasting/
disuse atrophy NEC

Rotator Cuff Syndrome

Myofascial Pain Syndrome

Fall Risk Assessment

Shoulder Pain

Elbow Pain

Wrist Pain

Pelvic Pain/Thigh

Knee Pain/Lower Leg

Ankle/Foot Pain

Other Specified Site

Multiple Sites

PAIN

I hereby certify that the above services have been deemed medically necessary.

Physician/Provider Signature _____ Date _____

CATONSVILLE:

t 410-368-1026

f 410-368-1047

3350 Wilkens Avenue, Ste 303, Baltimore, MD 21229

DUNDALK:

t 410-284-5441

f 410-284-5442

6914 Holabird Avenue, Baltimore, MD 21222

ELLICOTT CITY:

t 410-480-3705

f 410-480-3707

9171 Baltimore N'tl Pike, Ste 120, Ellicott City, MD 21042

OWINGS MILLS:

t 410-998-9133

f 410-998-9155

23 Crossroads Drive, Ste 300, Owings Mills, MD 21117

TOWSON EAST:

t 410-337-2470

f 410-337-2471

1220A East Joppa Road, Ste 234, Towson, MD 21286

WESTMINSTER:

t 443-605-0505

f 443-605-0506

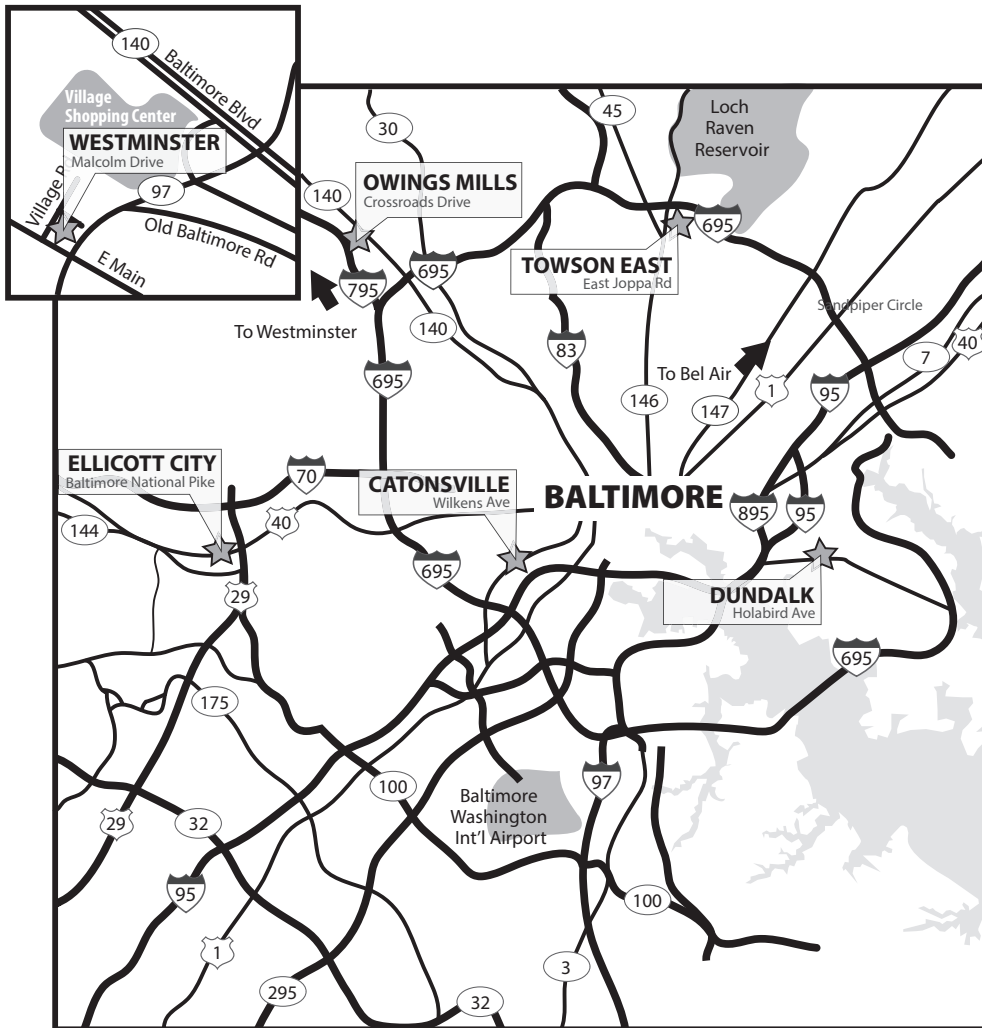
412 Malcolm Drive, Ste 310, Westminster, MD 21157

DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



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