



# LIFE FITNESS

PHYSICAL THERAPY

www.lifefitnesspt.com

Patient's Name \_\_\_\_\_

Patient's Phone number \_\_\_\_\_

Diagnosis \_\_\_\_\_

Instructions/Precautions \_\_\_\_\_

Recommended Frequency: \_\_\_\_\_ times per week for \_\_\_\_\_ weeks.

## EVALUATE & TREAT

## CONTINUE THERAPY

### PROGRAMS

- BACK PROGRAM
- CERVICAL PROGRAM

### OTHER DISORDERS

- Cervical HNP
- Cervical DDD
- Cervical Stenosis
- Cervicalgia
- Cervical Radiculopathy
- Cervicobrachial Syndrome

- Thoracic HNP
- Thoracic DDD
- Thoracic Stenosis
- Thoracic Pain
- Lumbar HNP
- Lumbar DDD
- Lumbar Stenosis
- Lumbar Radiculopathy
- Lumbago/  
Low Back Pain

- Sciatica
- Muscular wasting/  
disuse atrophy NEC
- Rotator Cuff Syndrome
- Myofascial Pain  
Syndrome
- Fall Risk Assessment

### PAIN

- Shoulder Pain
- Elbow Pain
- Wrist Pain
- Pelvic Pain/Thigh
- Knee Pain/Lower Leg
- Ankle/Foot Pain
- Other Specified Site
- Multiple Sites

OTHER \_\_\_\_\_

*I hereby certify that the above services have been deemed medically necessary.*

Physician/Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

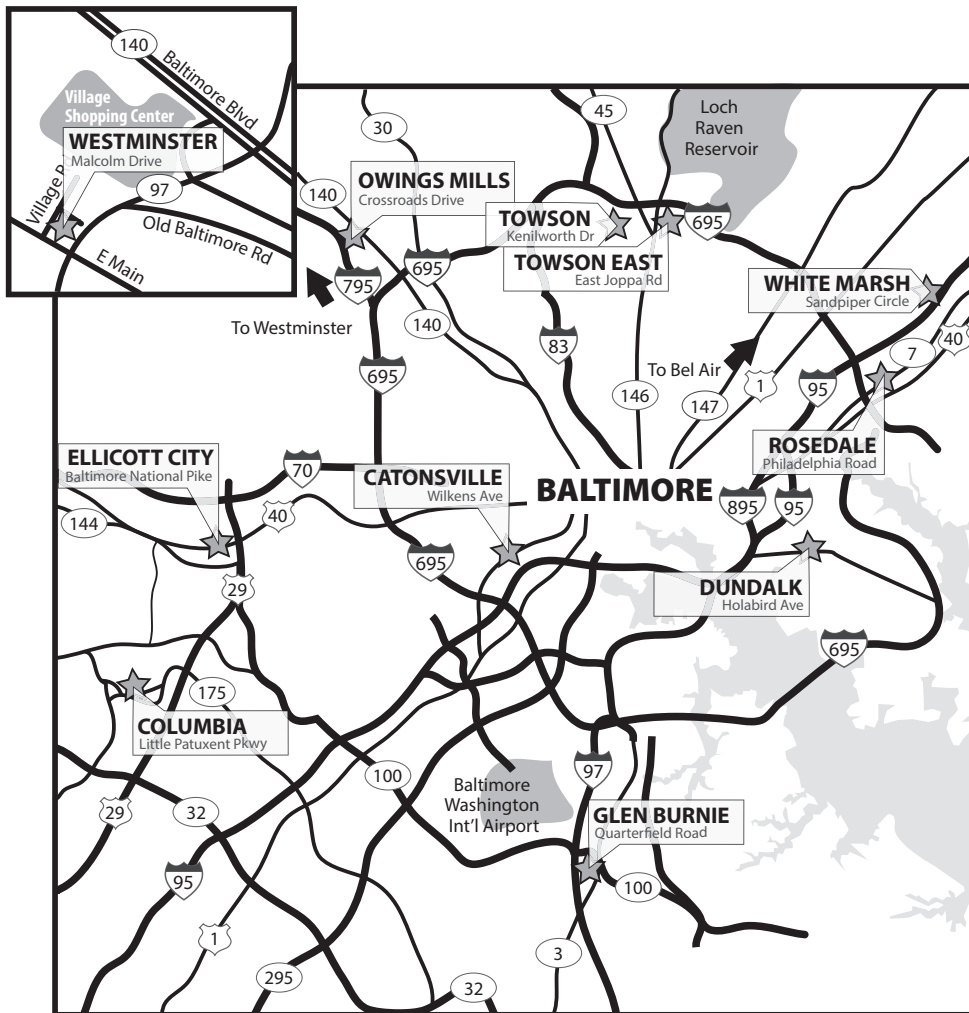
- CATONSVILLE:** t 410-368-1026 f 410-368-1047 3350 Wilkens Avenue, Ste 303, Baltimore, MD 21229
- COLUMBIA:** t 410-992-9753 f 410-992-0268 10840 Little Patuxent Pkwy, Ste 403, Columbia, MD 21044
- DUNDALK:** t 410-284-5441 f 410-284-5442 6914 Holabird Avenue, Baltimore, MD 21222
- ELLICOTT CITY:** t 410-480-3705 f 410-480-3707 9171 Baltimore N'tl Pike, Ste 120, Ellicott City, MD 21042
- GLEN BURNIE:** t 410-590-2334 f 410-590-2336 7671 Quarterfield Rd, Suite 101, Glen Burnie, MD 21061
- OWINGS MILLS:** t 410-998-9133 f 410-998-9155 23 Crossroads Drive, Ste 300, Owings Mills, MD 21117
- ROSEDALE:** t 410-686-8922 f 410-686-8923 9110 Philadelphia Road, Ste 104, Baltimore, MD 21237
- TOWSON:** t 410-339-4600 f 410-339-4601 658 Kenilworth Drive, Ste 100, Towson, MD 21204
- TOWSON EAST:** t 410-337-2470 f 410-337-2471 1220A East Joppa Road, Ste 234, Towson, MD 21286
- WESTMINSTER:** t 443-605-0505 f 443-605-0506 412 Malcolm Drive, Ste 310, Westminster, MD 21157
- WHITE MARSH:** t 410-933-3737 f 410-933-3747 8100 Sandpiper Circle, Ste 106, Nottingham, MD 21236

**DO NOT EMAIL PRESCRIPTION** The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



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